



**Arc ORCHARD PARK EVENING OF ACTIVITIES  
SEPTEMBER – DECEMBER 2009  
Orchard Park Recreation Center  
4808 W 9<sup>th</sup> St.**

Arc Orchard Park Evening of Activities is weekly Tuesday evening events Sept. through May for individuals with developmental disabilities ages 13 and over. All those who attend must have supervision. The Arc provides the activities and staff/volunteers but the participants must be supervised by agency staff, parents, and guardians and in a few cases themselves. Any activity that goes against the following rules may result in individual(s) losing the privilege of attending these activities.

1. No one should arrive at an activity 15 minutes prior to start time.
2. No fighting or rough housing of any type.
3. Smoking only allowed in one outside area. (North West back door.)
4. When you attend an indoor event at Orchard Park you must stay indoors. Once you leave you leave for good.
5. No alcohol or drug usage.
6. No use of profanity.
7. Everyone must be picked up no later than 5 minutes after an activity is scheduled to conclude.
8. Know the schedule. You can find this schedule and any updates on the Arc's Website: [www.arc-sedgwickcounty.org](http://www.arc-sedgwickcounty.org)

**THE FIRST WEEK OF EACH MONTH IS MEAL NIGHT. The Hours Differ From Meal To Meal But For The Most Part Is From 5:30P.M. – 7:00P.M. With The Event Ending At 7:00P.M. Cost Is \$4.00 For A Complete Meal.**

*Reservations are needed for the meal nights. Please call 943-1191 by the Friday prior to the meal. You may email your reservations for these meals to: [bstable@arc-sedgwickcounty.org](mailto:bstable@arc-sedgwickcounty.org)*

**September 1:** Watson Park Picnic and Fun Night 5:30P.M. – 8:00P.M. \$4.00  
Hamburger Fry with the trimmings.

**October 6:** Tennis and Showdeo Celebration BBQ Brisket at Orchard Park  
\$4.00 Free for members and volunteers of the Arc Showdeo and  
Tennis teams with donations being accepted for the meal.  
5:30P.M. – 7:00P.M.

**November 3:** Celebration of Salad and Baked Potatoe Bars: \$4.00 at Orchard Park  
5:30P.M. -7:00.

**November 17:** Arc Self Advocate Annual Thankful Feast 5:30P.M. – 6:45P.M.  
At Orchard Park sponsored and hosted by our friends at The  
Crossroad Fellowship Bible Church. Free with donations going  
towards keeping our Arc monthly dances free. (After the meal we  
will have our regular 3<sup>rd</sup> Tuesday Dance till 8:30P.M.)

**December 1:** Favorite Holiday Food 5:30P.M. -7:00P.M. Orchard Park  
\$4.00 If you like to eat Holiday food do not miss this meal!

**A REMINDER: RESERVATIONS FOR ALL THE MEALS IS A MUST. CALL 943-1191.**

(over)

THE SECOND TUESDAY OF EACH MONTH WILL HAVE CRAFTS AND A WOW (WELLNESS) ACTIVITY. ALWAYS FREE 7:00P.M. – 8:30P.M.  
**September 8, October 13, November 10 & December 8.**

THE THIRD TUESDAY OF EACH MONTH IS OUR DANCE NIGHT. FREE 7:00P.M. – 8:30P.M. Self Advocates will sell concessions and free refreshments are served at 8:10P.M.  
**September 15, October 20, November 17 & December 15** (Dance on your can or 2 or 3. In Dec. bring a can of food or more for our Adopted Families.)

**The Shooting Star Self Advocate Group will meet each third Tuesday** prior to the dance at **6:00P.M.** at Orchard Park to go over the upcoming month activities. Please join this energetic group of Advocates as they make a difference in our community.

THE FOURTH TUESDAY OF EACH MONTH IS MOVIE NIGHT AND A WOW (Wellness) EVENT. 7:00P.M. – 8:30P.M. Free Orchard Park  
**September 22** Motorcycle Rides Night at Orchard Park  
**October 27** Bergman's Pumpkin Patch 5:30P.M. – 7:30P.M. \$2.00  
**November 24 and December 22** at Orchard Park

WE HAVE ONE FIFTH TUESDAY ON **SEPTEMBER 29** AND WE WILL HAVE A FREE DANCE FROM 7:00P.M. – 8:30P.M. AT ORCHARD PARK

#### **SPECIAL DANCE NIGHTS AT ORCHARD PARK**

**Halloween Fun Casino and Dance -Saturday OCT. 31** 6:00P.M. – 8:30P.M. \$4.00 in costume \$5.00 no costume \$10.00 if we can't tell  
Fun casino with prizes till 6:45P.M. Free Photo Booth Halloween costume contest and prizes, dance and great refreshments. Call 943-1191 for reservations.

#### **New Year's Eve Bingo and Dance Bash - Thursday DEC. 31**

8:15P.M. – 12:10A.M. AT Orchard Park. \$5.00 includes bingo and prizes, dance, party favors and noise makers, complete dinner buffet and lots of fun.  
Call 943-1191 for reservations.

NOTE: Arc Orchard Park Evening of Activities is supported by our friends the Wichita Department of Parks and Recreation!

The Arc's Website is: [www.arc-sedgwickcounty.org](http://www.arc-sedgwickcounty.org) Check the site for all the up-dated events and activities The Arc has to offer.

*The Arc of Sedgwick County is a non-profit organization whose mission is to improve the quality of life for thousands of local individuals and families living with developmental disabilities. Through its seven major initiatives and hundreds of special programs the group provides educational and social opportunities to enhance development of individual potential while advocating for support and services in the community.*