

BASIC CATHOLIC KNOWLEDGE &



PRAYERS TO KNOW BY CHECKLIST

PRAYERS TO KNOW BY:

TRADITIONAL

Prayer	P	K	GR. 1	GR. 2	GR. 3	GR. 4	GR. 5	GR. 6
Sign of the Cross	X	X	X					
Meal Prayers		X	X					
Lord's Prayer			X	X				
Hail Mary			X	X				
Glory Be			X	X				
Act of Contrition				X				
Apostles Creed					X			
Nicene Creed						X		
Rosary						X		
Prayer to the Holy Spirit							X	X

LITURGICAL & ACCLAMATIONS

Prayer	P	K	GR. 1	GR. 2	GR. 3	GR. 4	GR. 5	GR. 6
Confiteor					X			
Kyrie				X				
Gloria						X		
Holy, Holy, Holy				X				
Lamb of God				X				
Canticle of Zechariah							X	X
Canticle of Mary							X	X

DIOCESE OF CHARLESTON – CHRISTIAN FORMATION GUIDELINES

Basic Information Every Catholic Should Know

Kindergarten

- 1) The **sign of the cross** and then from the LEFT shoulder to the RIGHT, while saying" and **of the Holy Spirit, Amen."**
- 2) On **Christmas**, we celebrate the birth of Jesus.
- 3) On **Easter**, we celebrate the resurrection of Jesus (Jesus rose from the dead).
- 4) **Prayer Before Meals**
- 5) **The Church** is God's special people; it is a place of worship as a family.
- 6) **Guardian Angel Prayer**

Level 1

- 1) **"Our Father**
- 2) The **crucifix** is a cross bearing the figure of the crucified Christ. The **altar** is the blessed table where the Eucharist is celebrated. The **tabernacle** is a safe-like, secure place of reservation for and worship of the Blessed Sacrament; the consecrated hosts are placed inside it after Mass. In this way, Jesus is always with us in our church. The **holy water fonts** are located at church doorways and in homes for blessing yourself coming and going from church/home as a remembrance of your great gift of Baptism.
- 3) The **Bible** is the word of God. Another word for the Bible is scripture (writings).
- 4) **Advent** is before Christmas; **Lent** is before Easter.
- 5) **"Hail Mary**
- 6) **"Morning Offering"** -"God our Father, I offer you today all that I think and do and say. I offer it with what was done on earth by Jesus Christ, your Son. Amen."

Level One- Vocabulary Words

Angel, Apostle, Baptism, Baptismal Font, Bible, catholic, Christian, Christmas, Church, Creator, Easter, Eucharist, Faith, Good Friday, Gospel, Grace, Holy Spirit, Jesus Christ, Kingdom of God, Last Supper, Mary, Mass, Prayer, Savior, Sign of The Cross, Trinity.

Level 2

- 1) **The Prodigal Son** – review Luke 15:11-30.
- 2) In order to **properly receive Communion**, we must abstain from food for one hour. As we approach the priest or Extraordinary Minister, we are to show a sign of reverence, by bowing our heads. When the priest or Extraordinary Minister says, "The Body of Christ," we respond, "Amen."
- 3) The bread and wine are gifts we bring to the altar at Mass. Our gift of bread and wine **BECOMES** Jesus.
- 4) During reconciliation, God forgives us our sins through the priest.
- 5) **Act of Contrition**
- 6) Families attend Mass every Sunday. It is a time when the Lord's family gathers to worship. The **Mass** is a gift that helps us remember and celebrate God's love. The **two major parts of the Mass** are "Liturgy of the Word" and "Liturgy of The Eucharist"

Level Two- Vocabulary Words

Absolution, Act of Contrition, Advent, Altar, Body of Christ, Chalice, Communion, Confession, Conscience, Contrition, Eucharist, Examination of Conscience, Genuflect, Holy Thursday, Homily, Last Supper, Liturgy of the Eucharist, Liturgy of the Word, Mass, Parish, Penance, Reconciliation, Sacrament, Sin, Tabernacle, Ten Commandments

Level 3

- 1) **The Trinity** is three persons in one God: God the Father, God the Son, and God the Holy Spirit.
- 2) **The Rosary**

3) **Mysteries of the Rosary**

- 4) **The Liturgical year** begins the first Sunday of Advent and end with the Feast of Christ the King in November. **Advent (Violet)** is the time when we prepare for Christmas; it lasts approximately four weeks. **Christmas (White or Gold)** remembers the Birth of Jesus and celebrates coming in time of the Son of God. Epiphany is celebrated on the Second Sunday after Christmas and recalls the visit of the Magi to the newborn King. **Ordinary Time (Green)** celebrates the words and works of Jesus and occurs twice in the Liturgical year. **Lent (Violet)** begins on Ash Wednesday and lasts forty days until Holy Thursday evening. It is a time of prayer and penance. **Easter Triduum - (White, Gold and Red)** the three most holy days of the Church, when the Church remembers Jesus' passing from death to life. **Easter (White, Gold and Red)** the Church celebrates Jesus' resurrection and the new life that it brings to all.
- 5) **Disciple/ Discipleship-** Disciples are people who choose to follow Jesus and live by His example. **Stewardship** is knowing that everything comes from God and we are to use His gifts to build up His Kingdom. We are to use our gifts of time, talent and treasure wisely to help our world and all those around us.
- 6) **Virtue** is a habit of doing good. There are three **Theological virtues-** Faith, Hope and love. The four **Cardinal virtues** are prudence, justice, fortitude and temperance.
- 7) Everyone should be attending **Mass EVERY Sunday and participating fully** – listen carefully to readings, profess the Creed, recite prayers with congregation, sing, receive Communion and leave with the understand to live God's Word during the week.

Level Three- Vocabulary Words

Annunciation, Apostles Creed, Ash Wednesday, Assumption of Mary, Blessings, Communion of Saints, Covenant, Creed, Diocese, Disciple, Faith, Great Commandments, Messiah, Ministry, Original Sin, Pentecost, Pope, Sacraments of Initiation, Stewardship, Worship, Virtue.

Level 4

- 1) **Ten Commandments**
- 2) **Apostles Creed**
- 3) **Beattitudes**
- 4) **Rosary and The Mysteries of the Rosary**
- 5) **Great Commandment**
- 6) **Catholic Social Teaching:** the body of teaching on social justice issues to create a more just world.

Level Four- Vocabulary Words

Adam/Eve, Beatitudes, Eucharistic Prayer, Evangelist, Free Will, Holiness, Mercy, Mortal sin, Moses, New testament, Old testament, chapter, verse, Patron Saint, Reign of God (Kingdom of God) Sabbath, Salvation, Service, Venial sin,

Level 5

- 1) **Sacraments**
- 2) The **Holy Days of Obligation** are Solemnity of Mary (January 1), Ascension Thursday (40 days after Easter or Sunday nearest the end of the forty-day period), Assumption (August 15), All Saints Day (November 1), Immaculate Conception (December 8), and Christmas (December 25).
- 3) **Corporal Works of Mercy-** 1) Feed the hungry, 2) Give drink to the thirsty, 3) Clothe the naked, 4) Shelter the homeless, 5) Visit The Sick, 6) Visit the imprisoned, 7) Bury the dead. **Spiritual Works of Mercy-** 1) Warn the sinner, 2) Teach the ignorant, 3) Counsel the doubtful, 4) Comfort the sorrowful, 5) Bear wrongs patiently, 6) Forgive injuries, 7) Pray for the living and the dead.
- 4) The **Stations of the Cross** recall the fourteen main events in the life of Jesus that took place from the time of the trial under Pontius Pilate until His death and burial.
- 5) **Sacramental** – is an object, a prayer, or a blessing given by the church to help us grow in our spiritual life. The **Advent wreath** is a circle of evergreens with four candles each

representing one of the four Sundays in Advent. The circle represents the eternity of God, that he never began and will never end. The candles are lit one by one. **Ashes** are placed on our foreheads on Ash Wednesday in the shape of a cross as these or similar words are spoken, "Turn away from sin and remain faithful to the Gospel." The ashes come from burned palms. The Easter Candle or **Paschal Candle** is lit directly from the new fire at the Easter Vigil. It reminds us that Jesus; the light of the world is still with us.

- 6) **Triduum** - The most holy time of the Church year – Holy Thursday, Good Friday and Holy Saturday and Easter Sunday. It celebrates Jesus passing through death to life.

Level Five- Vocabulary Words

Ambo, Anointing of the sick, catechumen, celebrant, chalice, chasuble, Chrism, Chrism Mass, Confirmation, Consecration, Easter Vigil, Holy Orders, Holy Saturday, Immaculate Conception, Lectionary, Liturgy, Liturgical year, Lord's Supper, Marriage, Paschal Mystery, Resurrection, Rite, Rite of Christian Initiation (R.C. I.A.), vocation

Level 6

- 1) The **Bible** consists of the Old Testament and the New Testament. There are seventy- three books in the Catholic Bible. The old Testament consists of The Pentateuch (Torah), Historical Books, Wisdom and Poetry and the Prophets. The New Testament consists twenty-seven book: The Gospels, Letters, Acts of the Apostles and Revelation.
- 2) The **Old Testament** is the first part of the Bible that tells of God's revelation of Himself and His will up to the time of Christ. Also called Hebrew Scriptures. There are 46 books in the Old Testament. We read about Abraham, Samuel, Ruth, Esther, King David and Jeremiah
- 3) The **Passover Meal** is a Jewish feast commemorating, with a religious meal, God's saving action of leading the Israelites from slavery in Egypt to the Promised Land. People remember the night when their houses were "passed over". Meal includes matzoh (unleavened bread), roasted lamb, bitter herbs, and wine.
- 4) **Priest's Vestments:** **alb** (long, white robe worn under chasuble) **cincture** (rope belt worn on top of alb) **stole** (long, narrow vestments, worn around neck and over shoulder symbol of the powers of the priesthood) **chasuble** (outer vestment of presider, color is symbolic) **Vessels:** **chalice** (cup which holds the sacred wine) **ciborium** (covered cup; holds hosts that are consecrated and is stored in the tabernacle) **corporal** (white linen square spread on the altar under the Blessed Sacrament) **purificator** (linen napkin used to wipe chalice after communion)
- 5) **Transubstantiation** is the changing of the bread and the wine into the Body and Blood of Christ.
- 6) **Nicene Creed**

Level Six- Vocabulary Words

Abraham and Sarah, Ark of the covenant, David, Epic, Exile, Exodus, Genesis, Hebrew scripture, Inspiration, Israel, Jews, Joseph, Judah, Literary forms, Myth, Noah, Oral tradition, Passover, Pentateuch, Prophet, Psalms, Sacred Scripture, Saga, Sedar, Shalom, Synagogue, Temple, Torah, Yahweh

Level 7

- 1) The **New Testament** is the second part of the Bible which tells about the life and teachings of Jesus Christ and the beginnings of the early Church. It has 27 books and is also called Christian Scriptures.
- 2) **Gospel Narratives:** Matthew 26:47-27:66; Mark 14:43-15:47; Luke 22:47-23:56; John 18:1-19:42
- 3) The **Precepts of the Church**
- 4) **The Marks of the Church** – the four important aspects that distinguish the Church and its mission. They can be found in the Nicene Creed; The Church is **one, holy, catholic** and **apostolic**. **One** - means all the members are united as the Body of Christ, given life by one Spirit. They acknowledge one Lord, one Faith, one Baptism.

Holy - means the church is centered in God. It is Christ who by His sacrifice, makes the church holy. **Catholic** - means universal. The church had the fullness of faith and is the means of salvation for all. The church is for all times and all people. **Apostolic** – the church is built on the foundation of the Apostles. It teaches the doctrine of Jesus as it has been handed down through the apostles and their successors, the pope and bishops.

5) **Miracle Stories** - Review: Wedding of Cana John 2:1-11; Multiplication of Loaves Matthew 14:13-21; Walking on Water Mark 6:45-52; Calming of Storm Luke 8:22-25.

6) **Prayer** is the raising of our minds and heart to God. In prayer you both listen and talk to God. Forms of Prayer: Prayer can take the form of blessing, petition, intercession, thanksgiving or praise. **Prayer of blessing** or adoration is our response to God's goodness to us. **Prayer of petition** is our dependence on God and we ask him for something for ourselves. **Intercession** is a prayer of petition which leads us to pray as Jesus did, This form leads our hearts outward focused on the needs around us.

Thanksgiving - is when we thank our generous God for all the things he provides for us.

Praise – is when we give glory to God not only for what He does, but simply because He is. In the Eucharist the whole Church joins with Jesus in expressing praise and thanksgiving to the Father.

Level Seven - Vocabulary Words

Acts of the Apostles, Catholic Social Teaching, character, capital sins, chastity, discrimination, ecumenism, Epistles, Human rights, Intercession, Justice, Laity, Marks of the Church, meditation, modesty, Parable, Precepts of the Church, Prejudice, Revelation,

Level 8

- 1) The **Seven Gifts of the Holy Spirit** are Wisdom, Right Judgment (Counsel), Understanding, Courage (Fortitude), Knowledge, Reverence (Piety), and Wonder and Awe (Fear of the Lord).
- 2) The **Fruits of the Holy Spirit** are charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, and chastity.
- 3) We recite the **Nicene Creed** every Sunday at Mass. This is our profession of Faith where we state all that we believe as Catholics.
- 4) **Pentecost** is the 50th day after Easter on which Holy Spirit came upon Jesus' followers in fulfillment of his promise. It is considered the Birthday of the Church.
- 5) The **Pope** is the visible leader of the Catholic Church on earth – successor of St. Peter and Bishop of Rome. **Cardinals** are bishops who have special responsibilities of the Church – they elect the Pope. **Bishops'** special responsibilities include teaching, governing and sanctifying God's people within their own diocese or territory. They administer the sacraments of Holy Orders and Confirmation. **Priests'** responsibilities include preaching the Gospel and shepherding the people of God. **Magisterium** – is the living, teaching office of the Church. The Pope and Bishops provide an authentic interpretation of the Word of God. It ensures faithfulness to the teachings of the Apostles in matters of faith and morals.

Level Eighth- Vocabulary Words

Advocate, actual grace, Bishop, Blessed Sacrament, communal prayer, conversion, Divine Providence, Euthanasia, Incarnation, infallibility, mission, mystery, sanctifying grace, social sin