

**PHA LOCAL FIELD TRIPS  
Gosling Meadows Development/Wamesit Development  
Senior Citizen Vans**

**GOSLING MEADOWS DEVELOPMENT**

**Portsmouth Public Library:**

June 25th 8:30-11:30 am  
July 2nd, 9th, 16th, 23rd, 30th  
August 6th, 13th

**Four Tree Island and Peirce Island Pool:**

July 2nd, 23rd, 30th 11:30-3:30 am  
August 6th, 13th

**Fishing Club:**

July 11th, 18th, 25th 8:30-11:30 am  
August 1st, 8th, 15th

**WAMESIT DEVELOPMENT**

**Portsmouth Public Library:**

June 29th  
July 6th, 13th, 20th, 27th  
August 3rd, 10th

**Four Tree Island and Peirce Island Pool:**

July 3rd, 24th  
August 13th

**Fishing Club:**

July 11th, 18th, 25th  
August 1st, 8th, 15th

## **INSITE PROGRAMS AT GOSLING MEADOWS**

### **Dance Instruction/Hip-Hop Dancing:**

July 9th, 16th or 13th, 20th (TBA)

### **Art Program:**

June 22nd

July 27th

August 3rd, 10th, 17th

### **Cooking Class:**

July 6th, 13th, 20th

### **Character Education:**

Daily Discussions on Behavioral Issues

### **Sewing Club:**

July 10th, 17th, 24th, 31st

### **Title 1 Summer Enrichment Program:**

June 26th, 27th

July 10th, 11th, 17th, 18th, 24th, 25th, 31st

August 1st

### **Tales to Go, Literacy Program:**

August 3rd, 10th

### **Exercise Club:**

Every Tuesday and Friday from 8:30 to 9:00 am

**PHA**  
**SUMMER REC. FIELD TRIPS**  
**8:30 to 4:00 pm**

- 1. July 5<sup>th</sup>, Water Country**
- 2. July 12<sup>th</sup>, Hampton Cinema's, Peirce Island Pool**
- 3. July 19<sup>th</sup>, Bowl-a-Rama, Pierce Island Pool**
- 4. July 26<sup>th</sup>, Christa McAuliffe Planetarium**
- 5. August 2<sup>nd</sup>, Lego Mill Yard or Sandy Discovery Point, Peirce Island Pool**
- 6. August 9<sup>th</sup>, Roller Skate Newington, Peirce Island Pool**
- 7. August 16<sup>th</sup>, Canobie Lake Park**

**Lunch Menu**

**Monday and Friday: Two slices of Pizza, Fruit, Chocolate/Vanilla Pudding and Pretzels**

**Tuesday and Thursday: Turkey/Italian Sandwich, Carrot Sticks, Rice Krispies Treats/Apple Sauce**

**Wednesday: Kentucky Fry Chicken (Two pieces of chicken, mash potatoes, gravy, macaroni and cheese, biscuit)**