



# Lunch Menu

New World CDC, Sunnyvale

August 2024

8/1 Thu	星期一	星期二	星期三	星期四	星期五
第一周 7/28				甜豆, 西兰牛肉 Sugar Peas, Broccoli Beef	Macaroni & Cheese
第二周 8/4	椒鹽魚片,炒時菜 Salt & Pepper Fish, Veg	番茄,菠菜炒蛋 Tomato, Spinach, Egg	紅燒獅子頭 Chinese Style Meat Ball, Vegi	咖哩雞 Curry Chicken	Meatball or Veg., Spaghetti 義大利麵
第三周 8/11	肉燥香菇,鹵蛋,炒時菜 Braised Pork, Egg, Mushroom	海鮮油豆腐 Seafood, Tofu	紅燒排骨,炒時菜 Braised Rib, Vegi	素菜肉絲 Shredded Pork with Vegetable	Pizza
第四周 8/18	甜豆, 西兰牛肉 Sugar Peas, Broccoli Beef	椒鹽魚片,炒時菜 Salt & Pepper Fish, Veg	番茄,菠菜炒蛋 Tomato, Spinach, Egg	紅燒獅子頭 Chinese Style Meat Ball, Vegi	Chicken Tender
第五周 8/25	海鮮油豆腐 Seafood, Tofu	肉燥香菇,鹵蛋,炒時菜 Braised Pork, Egg, Mushroom	咖哩雞 Curry Chicken	紅燒排骨,炒時菜 Braised Rib, Vegi	<b>Teacher-In Service Center CLOSED</b>

Catering by Shanghai Family Restaurant, Cupertino

MENU SUBJECT TO CHANGE

\*Fat-free or 1% milk and fruit are included in every meal and most of the time with rice.

\*\$5 dollars per meal.

Aug 2024	星期一	星期二	星期三	星期四	星期五
第一周				1	2
第二周	5	6	7	8	9
第三周	12	13	14	15	16
第四周	19	20	21	22	23
第五周	26	27	28	29	<del>30</del>

\*Please Circle the date you order lunch

\*Orders are to be placed no later than the Thursday before the end of the month.

Room \_\_\_\_\_ Name \_\_\_\_\_ Total \_\_\_\_\_ x\$5 : \_\_\_\_\_ Date: \_\_\_\_\_