



Longville, MN

Saturday

May 3, 2008

## OFFICIAL ENTRY

Longville Lakes Area Chamber of  
Commerce

Complete and mail to:  
P.O. Box 33, Longville, MN 56655  
30k and 5-Mile Run/Walk  
Saturday, May 3, 2008

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone (\_\_\_\_) \_\_\_\_\_

### Divisions

30k \_\_\_\_\_ 5-Mile Run \_\_\_\_\_ 5-Mile Walk \_\_\_\_\_  
Male \_\_\_\_\_ Female \_\_\_\_\_

Male and Female Divisions in each age group.  
Place a check next to your age category.

#### 30k and 5-Mile Run

____ 14 & Under	____ 30 - 34	____ 50 - 54
____ 15 - 19	____ 35 - 39	____ 55 - 59
____ 20 - 24	____ 40 - 44	____ 60 - 64
____ 25 - 29	____ 45 - 49	____ 65 +

#### 5-Mile Walk

____ 9 & Under	____ 30 - 39	____ 50 - 59
____ 10 - 19	____ 40 - 49	____ 60 & Up
____ 20 - 29		

Fee Schedule on Reverse Side

### T-Shirts & Medals

Pre-register by April 25, 2008 to guarantee  
a T-Shirt and Medal on race day.

Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ XLarge \_\_\_\_\_

*11th Annual*

## RELEASE FORM

**RELEASE:** In consideration of the acceptance of my entry, I, the undersigned, intending to be legally bound for myself, my Heirs, Executors, and Administrators, do hereby release any and all sponsors of this race, and their representative, successors, and assigns from any and all liability arising from illness or injuries I may suffer as a result of my participation in this race. I attest and verify that I am physically fit and have sufficiently trained for the completion of this race. I also understand and agree that any sponsor may subsequently use for publicity and/or promotional purposes my name and/or photographs of me participating in this event without obligation or liability to me. I also understand that entry fees I pay are not refundable. I have read the foregoing and certify my agreement by my signature below.

Participant's Signature

\_\_\_\_\_  
Parent's or Guardian's Signature (If under 18)

### Entry Fees

*Early Registration Postmarked  
by April 25, 2008*  
\$25 for 30k  
\$18 for 5-Mile Run  
\$18 for 5-Mile Walk

*Registration Postmarked after  
April 25, 2008 and/or Race Day*  
\$30 for 30k  
\$25 for 5-Mile Run  
\$25 for 5-Mile Walk

Make Checks Payable to:  
Longville Lakes Area Chamber of Commerce