

# E.L. Foust Co., Inc.

Research And Reliability In Air Purification Since 1974

## Letter From The President

Once again winter is here and we have something special for you. Seeing that the holidays are coming up we are prepared to offer E.L. Foust Gift Certificates. For further details visit our website and read the "Give The Gift Of Fresh Air" section of this newsletter.

For those of you who use AFM's Head and Body Shampoo, or who previously used Solutions-4-U products, you may want to check out the new line of fragrance free products by Magick Botanicals. They offer a wide range of safe and fragrance free personal care products such as shampoo, conditioner, hair spray, styling gel, and cleanser. They also offer a household cleaner. For more details check the "New Products" section of the newsletter.

As far as health/environmental issues in the media are concerned we would like any type of school staff, as well as parents to read the section of the newsletter titled "Attention Teachers, Administrators, and School Staff...". Studies are beginning to surface concerning Indoor Air Quality in schools and its effect on children and their education. We believe parents have the right to know about these issues, and that school staff has the responsibility to know and act on these issues.

Other than that everyone at E.L. Foust Co., Inc. wishes you Happy Holidays and a great New Year. We wish you the best of health and hope you continue to be out customers!

-Joe Muchow, President

## AFM Corner

## Attention Teachers, Administrators, and School Staff...

Recently people have become more concerned about indoor air quality (IAQ) in schools. It's nice to know that many schools have in fact begun the transformation from a typical school to a "green school".

Although some schools have not bothered to look into the issue, other organizations (including large ones) have begun studies on school air quality. Many of these studies are specifically about how much of an effect air quality really has on students. In recent news, ASHRAE JOURNAL (October, 2006), has published a study entitled "Research Report on Effects of HVAC On Student Performance" that stresses the important relationship between air quality and the learning process.

Unfortunately, we are unable to publish the article due to ASHRAE's costly fees. If you'd like to read the article, you can visit [www.ashrae.org](http://www.ashrae.org) for details.

Available at no charge, however, is the US EPA's "Tools For Schools Action Kit". This kit is a free indoor air quality action kit that provides quality information about cleaning up indoor air, particularly schools, but can be used in a business environment as well.

The kit contains an IAQ video, problem solving wheel, checklist, backgrounder, coordinator's forms, coordinatrors guide, road map, as well as an asthma companion piece. See picture below.

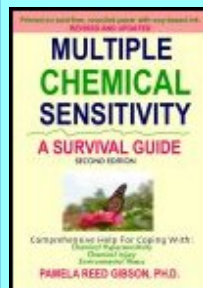
This kit is brought to you by ASB (Association of School Business Officials International), CAPE (Council For American Private Education), NEA (National Education Association Of The United States), PTA (National Congress Pf Parents And Teachers), as well as the American Lung Association.

For information on the kit itself, or to get your own free kit simply call us at 1-800-353-6878 or e-mail us at [sales@foustco.com](mailto:sales@foustco.com).

## New Products

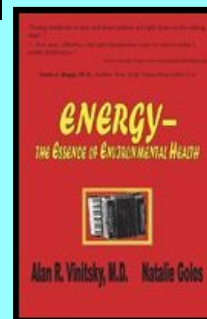
### Multiple Chemical Sensitivity Survivors Guide 2nd Edition

is the latest edition of the book that is the ultimate survivors guide for chemical sensitivity. It contains comprehensive help in coping with chemical hypersensitivity, chemical injury, and environmental illness.



### ENERGY-The Essence of Environmental Health

is an engaging, easy-to-follow book that gives secrets to achieving Optimal Health. This is the authors' guide to optimal sleep, exercise, nutrition and relationships. Learn to breathe correctly, meditate, relax, and discover. The basis for success is



your own Body Awareness. Learn the theory and application of Accordion Reserve model and the fluctuating effect of the Automnomic Nervous System, (ANS). Apply these lessons to improve parenting, treating developmental disorders, hyperactivity, autistic spectrum and mood disorders. Anticipate and avert chronic diseases such as diabetes, heart ailments, and environmentally triggered illnesses before they start.

### MERV6 NOVA Pleated Filters

is a 100% metal free design. It's extremely durable, and the NOVA PLEAT is engineered with premium materials, eliminating the need for a metal support grid. Made with 100% synthetic non-woven material that is twice the weight of conventional pleated filters. The new design provides increased surface contact and added rigidity. The center support strut adds strength to the frame producing tough, rigid filter suitable for long life applications.



Magick



**Botanicals Products**

Magick Botanicals makes a new line of personal care products for the chemically sensitive, as well as a household cleaner. Although these products are very new we wanted to get the word out to our customers. They are not on our website, but will be added very soon. Eventually, they will have their own page on our site. Although these items are not yet online you can order them by phone by calling 1-800-353-6878.

**AOL Users Might Be Missing Out**

AOL's e-mail service recognizes E.L. Foust e-mails as spam. Therefore, any customer with an AOL e-mail address is probably not receiving e-mails from us.



If you are an AOL user who...

- a. Knows why our e-mails are recognized as spam by AOL.
- or
- b. Knows how to change it so that we are not recognized as spam.

please contact Jessica Speiden at [jessicas@foustco.com](mailto:jessicas@foustco.com)

**Give The Gift Of Fresh Air!**

E.L. Foust Co., Inc. is now offering GIFT CERTIFICATES!

Although we have basic amounts on our website, you can order gift certificates for any dollar amount.

Also, we can slightly alter the gift certificate to accommodate almost any holiday or occasion. Christmas, Valentines Day, Birthdays, Baby Showers, Weddings, etc.)



For ordering information click [HERE](#).

To order a "special amount" not listed on the website please call us at 1-800-353-6878.

## Live Locally? Get less costly, quicker shipping service!

We are happy to now offer a much quicker AND less expensive means of shipping through

Spee-Dee Delivery Service Inc.

You qualify if you live in certain areas of...

- North Dakota
- South Dakota
- Nebraska
- Minnesota
- Iowa
- Wisconsin
- and
- Illinois

If you live in an area where Spee-Dee is available we will automatically reduce your shipping, and ship Spee-Dee (unless otherwise specified).

If you'd like to know if you qualify for Spee-Dee shipping please contact us at 1-800-353-6878

## Quarterly Face Mask

### Dust/Mist Respirator #8247

The carbon media provides relief from nuisance odors and the lightweight, self-supporting filter cup contours to facial features. Many of our chemically sensitive customers have used these masks for years with good results.

Rated for chemical and particulate control, preventing you from breathing in nuisance odors, and particles down to 0.3 microns.



[For our other face masks click here](#)

## Conferences



**International Academy of Biological Dentistry and Medicine. 21st Annual Conference (IABDM)**

February 16th - 18th 2007  
The Tempe Mission Palms Hotel  
Tempe, AZ

## Contact E.L. Foust Co., Inc.

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**For website issues or newsletter information**



**American Academy of Environmental Medicine ([AAEM](#))**

February 22nd - 26th, 2007  
Marriott Airport Hotel  
St. Louis, Missouri



**International Academy of Oral Medicine & Toxicology ([IAOMT](#))**

March 15th - 17th, 2007  
Marriott University  
Tucson, AZ

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**[FOR A MAP OF OUR LOCATION CLICK  
HERE](#)**

*Mention this note from the Winter 2006  
Newsletter to receive a 10% discount on a  
new unit. Simply call and give the following  
code... EL-Win06*