

## Letter from the President

*Joe Muchow*

Its time for football, which can only mean one thing- summer is officially over. Here in the Midwest, as in many other areas of the country, that also means more time spent indoors and relying on ventilation systems for the air you breathe. It is a good idea to check furnace filters and humidifiers for maintenance to replace any parts that inhibit the optimum performance of the air ventilation systems in your home or office.

In the previous issue, we discussed mercury amalgam poisoning related to dental fillings. In this issue, we visit another toxicity issue that affects the mouth- and is present in much of the water we may drink every day. E.L. Foust is happy to introduce the Hurley water filtration line, which can remove fluoride from drinking water.

In other recent news, the Tribo HEPA Filter has changed its name to Technostat HEPA. This filter is for our 160 Series units, and is still the same product only with a different name. The cost of steel is still volatile, but industry experts expect prices to stabilize by the end of this year. To keep our costs stable, it becomes even more important that our customers recycle their steel air purifier cartridges. Please let us know if you need any information on our recycling program. Finally, AFM paints made an appearance on Extreme House Makeovers on ABC recently. E.L. Foust is the Illinois distributor for AFM, and as more consumers become educated on home improvement alternatives, we are here to provide information and an extensive product selection.

As much as we enjoyed celebrating our 30<sup>th</sup> anniversary this year, we are looking forward to our 31st year of business and hope to continue to help our customers breathe cleaner air, drink cleaner water, and live healthier lives.

*For past issues of The Air You Breathe, please visit [www.foustco.com](http://www.foustco.com).*

*As always, any comments or suggestions are*

*welcome by the staff here at E.L. Foust!*

*Comments can be sent via post or email.*



30<sup>th</sup> Anniversary  
Year-Long Sale  
Only Two months left!

**November**  
**10% Off**

- Alphastat
- Phenoseal
- Desktop Air Purifiers

Check out our  
Bargain Page at  
[www.foustco.com](http://www.foustco.com)



### FACE MASK OF THE MONTH

Whether it's raking leaves or something else, the Viledon Microdon Mask has a high filtration efficiency of 95% efficient at .3 micron. This mask deals only with particle control. MSA N95 NIOSH approved.



## IF IT DOES NOT PROTECT MY TEETH, WHY IS IT IN MY WATER?

Many local water departments in American communities add fluoride to the drinking water supply. The thinking once was that this form of fluoride ingestion would improve dental health without people having to “think too much” about it. Since then, researchers, health care experts, and the dental community have disputed the positive benefits of fluoridated water. Moreover, research now shows there are significant negative affects of drinking fluoridated water, particularly for children who are vulnerable to neurological toxicity caused by fluoride exposure. China, Austria, Belgium, Finland, Germany, Denmark, Norway, Sweden, The Netherlands, Hungary, and Japan have all stopped or rejected adding fluoride to their drinking water, primarily for health reasons.

Carbon filtration systems are not as effective at removing fluoride compounds from water as systems designed specifically for the purpose. E.L. Foust has introduced the Hurley line of water filtration systems that accomplishes fluoride removal.

### Hurley IV

The **Hurley IV** System reduces pathogenic bacteria, cysts, sediment, chlorine, taste, odor, color, lead, and VOCs.



### The Protector

The **Protector** System reduces or removes Salmonella, serraria, E-Coli, and cholera. Reduces lead, zinc, iron, and mercury.



There is an abundance of information on the internet about Fluoride. See the links below, as well as the website that links to many of them (Source <http://www.holisticmed.com/fluoride/>).

- [Fluoridation Does Not Prevent Tooth Decay](#)
- [Fluoride: Detailed General & Scientific Information](#)
- [Fluoride: Journal of the International Society for Fluoride Research](#)
- [International Academy of Oral Medicine & Toxicology Position Paper on Fluoridation](#)
- [Scientific Statement Signed By 1,500+ U.S. Environmental Protection Agency Scientists and Professionals](#)
- [NoFluoride.com \(Statements by Scientific and Medical Experts\)](#)
- [Fluoride Action Network](#)
- [Fluoride Issues Web Page](#)
- [Citizens for Safe Drinking Water](#)
- [Fluoride: The Deadly Legacy by Gary Null](#)
- [Book Review: The Fluoride Deception](#)
- [History of Fluorine, Fluoride and Fluoridation](#)
- [Preventive Dental Association](#)
- [Dental Fluorosis Prevention Program](#)

## QUESTIONS AND ANSWERS

**Q:** Will I notice my E.L. Foust air purifier while it's on?

**A:** Compared with other products on the market, E.L. Foust air purifiers are quiet. At 3 feet, the decibel rating for the 160 units is less than 20 and the Series 400 is less than 24. For reference, a whisper is 15 decibels and a normal conversation takes place at 60 decibels.

**Q:** How do Foust air purifiers compare with other brands?

**A:** We generally do not make those comparisons as our machines are designed for specific use by chemically sensitive. E.L. Foust Air Purifiers are unique due to their all metal construction, no glues, HEPAs that do not outgas, no ozone, and independent laboratory testing for performance.

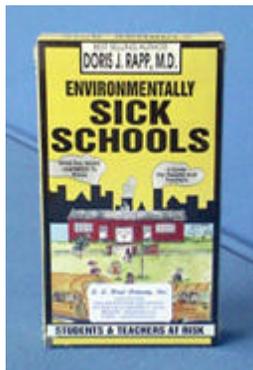
PLEASE EMAIL US YOUR QUESTIONS!

## Back to A Sick School?

Whenever children's health is at risk for undue reasons, people tend to take notice. Sick building syndrome (SBS) is getting more attention and getting better defined under heightened scrutiny of school buildings and their environments. SBS is different from building-related illness (BRI), which can be associated with illnesses that include carbon monoxide poisoning; asbestos, lead, or mercury poisoning; or Legionnaires' disease. It is different from multiple chemical sensitivity (MCS). When a building is "sick" it affects many people, not just one.

The biggest culprit associated with sick buildings is poor indoor air quality stemming from poor ventilation. Modern buildings are tightly sealed in an effort towards energy efficiency; unfortunately, a lack of air flow can cause moisture to create mold and bacteria in the walls and air of a building. Also, newer building materials can often contribute to indoor chemical pollution. However, the problem can be just as bad in older buildings.

For more information, Dr. Doris Rapp's video shows the how, why, when, where, and what of school-related illness and sick school buildings. Please call or see our website for ordering information.



## UPCOMING CONFERENCES

E.L. Foust makes it a priority to attend relevant conferences and trade shows in order to educate consumers and us.

### **American Academy of Environmental Medicine 39th Annual Meeting (AAEM):**

October 28<sup>th</sup>-31<sup>st</sup> 2004  
Marriott Beach & Golf Resort  
Hilton Head Island, South Carolina

### **American Academy of Otolaryngic Allergy Annual Meeting (AAOA):**

September 17<sup>th</sup>-19<sup>th</sup> 2004  
The Plaza Hotel  
New York City, NY

### **Green Home Show at Prairie Crossing:**

October 24<sup>th</sup>, 2004  
Prairie Crossing  
Grayslake, IL

### **American College of Allergy, Asthma, & Immunity Annual Scientific Meeting (AAAA):**

November 12<sup>th</sup>-17<sup>th</sup>, 2004  
Boston, MA

### **American Academy of Otolaryngic Allergy Basic Course (AAOA):**

December 9<sup>th</sup>- 12<sup>th</sup>, 2005  
Squaw Valley, CA

### **The International Academy of Oral Medicine and Toxicology Instructional Course (IAOMT):**

March 3<sup>rd</sup>-5<sup>th</sup>, 2005  
Kansas City, MO

### **American Academy of Environmental Medicine Instructional Course (AAEM):**

April 12<sup>th</sup>-15<sup>th</sup>, 2005  
Oak Brook, IL

