

ADULT BODYWEAR FITTING GUIDE

Weight in pounds

	70	80	90	100	110	120	130	140	150	160	170	180	190	
4'6"	XS	XS												1.40
4'8"		XS	XS											1.43
4'10"		XS	XS											1.47
5'0"		XS	XS	XS										1.52
5'2"			S	S	S									1.57
5'4"			S	S	M	M								1.62
5'6"			S	S	M	M	M							1.67
5'8"				M	M	M	L							1.72
5'10"					L	L	L	L	L					1.77
6'0"						L	L	L	XL	XL	XL	XL		1.83
6'2"										XL	XL	XL	XL	1.90
	34	36	41	45	50	55	59	63	68	72	77	82	86	

Height in feet and inches

Height in meters and centimeters

Weight in kilograms

ADULT KNITWEAR FITTING GUIDE

Weight in pounds

	70	80	90	100	110	120	130	140	150	160	
4'6"	XS	XS									1.40
4'8"		XS	XS								1.43
4'10"		XS	XS								1.47
5'0"		XS	XS	XS							1.52
5'2"			S/PS	S/PS	S/PS						1.57
5'4"			S/PS	S/PS	M/ML	M/ML					1.62
5'6"			S/PS	S/PS	M/ML	M/ML	M/ML				1.67
5'8"				M/ML	M/ML	M/ML	L/ML				1.72
5'10"					L/ML	L/ML	L/ML	L/ML	L/ML		1.77
6'0"						L/ML	L/ML	L/ML	XL	XL	1.83
	34	36	41	45	50	55	59	63	68	72	

Height in feet and inches

Height in meters and centimeters

Weight in kilograms

CHILD BODYWEAR AND KNITWEAR FITTING GUIDE

Weight in pounds

	40	45	50	55	60	65	70	75	80	85	90	
36"	S	S										92
38"	S	S	S									97
40"	S	S	S									102
42"	S	S	S									107
44"	S	S	S	I	I							112
46"		S	I	I	I							117
48"			I	I	I	I	M	M				122
50"			I	I	I	I	M	M				127
52"				I	I	M	M	M	M	M		132
54"				M	M	M	M	M	M	L	L	137
56"					M	M	M	M	L	L	L	142
58"						M	M	L	L	L	L	147
60"							L	L	L	L	L	152
	18	20	23	25	27	29	32	34	36	39	41	

Height in feet and inches

Height in meters and centimeters

Weight in kilograms