

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>OCTOBER 2009</b>				1	2 Senior Cards: Noon - 3pm	3
4 Senior Dinner & Cards: 6pm	5 Gold Gym Boot Camp: 6am & 6pm  MNF GB @ MIN: 8:30pm	6 Flex: 8-9 am Yoga: 9-10am  Brunch & Bunco: 10am-Noon	7 Gold Gym Boot Camp: 6am & 6pm	8 Flex: 8 - 9am Yoga: 9 - 10am  Kids Craft: 7 & Under 4pm-5pm 8 & Up: 5pm-6pm	9 Gold Gym Boot Camp: 6am & 6pm	10
11	12 Gold Gym Boot Camp: 6am & 6pm  MNF NYJ @ MIA: 8:30pm	13 Flex: 8 - 9 am Yoga: 9 - 10am  Brunch & Bunco: 10am - Noon	14 Gold Gym Boot Camp: 6am & 6pm	15 Flex: 8 - 9am Yoga: 9 - 10am  Kid's Kitchen: 7 & Under: 4pm-5pm 8 & Up: 5pm-6pm	16 Gold Gym Boot Camp: 6am & 6pm  Senior Cards: Noon - 3pm	17 Movie Night (G) 7:0pm - 8:00pm Movie Night (PG) 8:15pm-9:45pm  Tennis Social: 7:30pm
18 Senior Dinner & Cards: 6pm	19 Gold Gym Boot Camp: 6am & 6pm  MNF DEN @ SD: 8:30pm	20 Flex: 8 - 9 am Yoga: 9 - 10am  Brunch & Bunco: 10am-Noon	21 Gold Gym Boot Camp: 6am & 6pm	22 Flex: 8 - 9am Yoga: 9 - 10am	16 Gold Gym Boot Camp: 6am & 6pm  Senior Cards: Noon - 3pm  Euchre: 7:30pm	24
25	26 Gold Gym Boot Camp: 6am & 6pm  MNF PHI @ WAS: 8:30pm	27 Flex: 8 - 9 am Yoga: 9 - 10am  Brunch & Bunco: 10am-Noon	28 Gold Gym Boot Camp: 6am & 6pm	29 Flex: 8 - 9am Yoga: 9 - 10am	30 Gold Gym Boot Camp: 6am & 6pm  Senior Cards: Noon - 3pm  Tween Halloween Party: 7:30pm - 10pm	31